REGULATORY SCIENCE

What evidence do we need for biomarker qualification?

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Biomarkers can facilitate all aspects of the drug development process. However, biomarker qualification—the use of a biomarker that is accepted by the U.S. Food and Drug Administration—needs a clear, predictable process. We describe a multistakeholder effort including government, industry, and academia that proposes a framework for defining the amount of evidence needed for biomarker qualification. This framework is intended for broad applications across multiple biomarker categories and uses.

INTRODUCTION

Drug development is a time- and cost-intensive endeavor (1), and any efficiency that can be realized during the development and regulatory processes will speed access of approved therapies to patients. The expected positive impact of biomarkers on drug development is substantial, and coordinated efforts to identify biomarkers are a focus of much research and discussion (2–5). A biomarker is defined as a characteristic that is measured as an indicator of a normal biological process, a pathogenic process, or a response to an exposure or intervention, including a therapeutic intervention (2). A critical process is biomarker qualification, which is a conclusion based on a formal regulatory procedure that the biomarker, within a stated context of use (COU), can be relied upon to have a specific interpretation and application in medical product development and regulatory review (2). It has been challenging to define a predictable process to qualify biomarkers, which requires clear direction regarding considerations of the type and level of evidence needed. Here, we discuss the type and amount of evidence needed to support the qualification of biomarkers for regulatory use within the Center for Drug Evaluation and Research (CDER) of the U.S. Food and Drug Administration (FDA). We will not discuss biomarkers as part of diagnostic tests regulated by the FDA’s diagnostic centers or the use of biomarkers that do not require regulatory approval.

The FDA recently highlighted the need to develop and apply biomarkers in the drug development and approval process (5). Most recently, CDER published guidance that describes the process it uses in biomarker qualification (6). Once a biomarker is qualified, its use in any drug development program is accepted by the FDA under the COU for which it obtained qualification. To date, the biomarker development stakeholder community has been challenged to identify and develop the evidence criteria needed to support the qualification process. Furthermore, the FDA has acknowledged the importance of coordinated efforts from multiple stakeholders to help “determine what levels of evidence best different types of biomarkers, based on their context of use” (7) to establish qualification (8).

A coordinated effort by multiple stakeholders, including the FDA, the U.S. National Institutes of Health (NIH), industry, academia, patient groups, and the nonprofit sector, reached alignment on a proposed evidence criteria framework for biomarker development. The goal is to improve the quality of submissions to the FDA, enhance the predictability of the qualification process, and most specifically, clarify the type and extent of evidence needed to support the biomarker’s COU. Ultimately, this multistakeholder effort may prove useful to the FDA and other regulators for creating new guidance. Here, we provide a brief history of milestones in biomarker qualification guidelines, summarize the methodology and assumptions used to create this framework, and describe the core features of the general framework.

DEVELOPING AN EVIDENCE FRAMEWORK FOR BIOMARKER QUALIFICATION

The history of biomarker qualification stretches back to classic statistical theory on surrogate end points (9). Since then, the discussion has evolved from initial concepts of validity criteria to more comprehensive views that account for benefit-risk relationships, the level of evidence required, the distinction of the term “qualification,” and the separate needs for analytical validation (establishing that the performance characteristics of a test, tool, or instrument are acceptable in terms of its sensitivity, specificity, accuracy, precision, and other relevant performance characteristics using a specified technical protocol) (2, 10–14).

After a 1999 FDA/NIH workshop on biomarkers and the FDA Critical Path publication (2004) that initially called for an emphasis on biomarker development (15), aspects of the biomarker qualification process have been steadily developed. Yet, progress on development of evidence criteria has been intermittent given the challenges of defining a generalized framework, which is applicable across multiple disease areas, types of biomarkers, and COUs. The factors that impact the type and extent of evidence criteria needed to qualify a biomarker are complex, unique to how the biomarker will be used, and often are not easily quantified. To date, no single-stakeholder community has been able to develop evidence criteria in isolation. Therefore, this group effort developed a framework drawing on the expertise and experience of its members while following the lead of prior efforts in using a semiquantitative approach.

One salient earlier effort to develop evidence criteria by Williams et al. (16) proposed a semiquantitative framework that aimed to “qualify biomarkers in terms of cost effectiveness using a set of principles that enable the evaluation of biomarkers even with incomplete knowledge.” This approach applies “tolerability of risk” to supportive evidence. It concludes that biomarker qualification essentially rests on the principle that
the value of incremental benefits provided by the true results of the biomarker must exceed the incremental costs (defined as societal harm) of the false results with the biomarker. The practicality of this approach, however, is limited given the difficulty in measuring both benefits as well as harm.

Altar et al. (17) provided the first “evidence map” for qualification with categorical descriptions of different types of scientific evidence required for different levels of risk. The map, however, was complex and did not adequately account for COU. By contrast, a 2010 Institute of Medicine study (18) emphasized the importance of COU as part of a three-part framework, which included analytical validation, biomarker qualification, and utilization components. In that case, however, the model did not address specific decision processes or evaluation criteria.

The framework proposed here synthesizes key elements of the above efforts to propose an overarching approach to evidence criteria. In particular, it applies some of the concepts of risk and benefit proposed by Williams et al. (16) to specific considerations driven by the COU and then uses these to help define an evidence map.

We applied the biomarker nomenclature outlined in the BEST (Biomarkers, Endpoints, and Other Tools) glossary first published by the FDA/NIH biomarker working group in 2016 (20). For reference, categories of biomarkers are summarized in the full framework document (21). These categories largely reflect the various COUs that can inform how the biomarker may be applied in drug development and regulatory review.

Under the auspices of the Foundation for NIH (FNIH) Biomarkers Consortium, a multistakeholder group with representatives from FDA, NIH, industry, patient groups, and academia created an early draft of the framework document. A workshop cosponsored by the FNIH Biomarkers Consortium and FDA was held in April 2016 with more than 200 participants. A draft of this framework document was distributed to participants prior to the workshop, along with several case studies. The authors summarized input from the workshop and synthesized the resulting consensus full framework document (21).

THE EVIDENTIARY CRITERIA FRAMEWORK PROPOSAL

The general evidentiary criteria framework is summarized below and includes five component steps as follows: define a need statement, define a COU statement, assess benefit in light of the COU, assess risk in light of the COU, and populate an evidentiary criteria map (Fig. 1).

The current framework is intended to support constructive discussions between biomarker developers needing to submit to the biomarker qualification program and regulators at the FDA, with the goal of enabling refinements of the COU as the data mature (Fig. 1).

Need statement

The need statement is a concise and coherent description of the knowledge gap or drug development need (for example, improved safety monitoring) that the biomarker developer plans to address. It accounts for current scientific understanding of the biomarker and describes the scope of how a biomarker program, if successful, could positively impact drug development.

COU statement

The COU is central to a biomarker qualification submission. When a biomarker developer begins the process of defining a COU, there are a number of questions that should be considered to aid in the clear articulation of the COU and to promote a common understanding of the intended use of the biomarker in drug development (21). Although these questions may not apply to all biomarkers or COUs, they are intended to be elaborated before the COU is defined and can be readdressed as new information becomes available. For the purposes of this framework, the COU statement is simplified to a concise description of how a biomarker is intended to be used in drug development. It addresses two main questions: (i) What BEST category of biomarker is proposed and what information content would it provide? (ii) What is the biomarker’s specific fit-for-purpose use?

Assessment of benefit and risk

Once the COU statement is articulated, benefit and risk need to be assessed separately within the broader context of the impact on patients (for example, the role of the proposed biomarker in drug development, the severity of the disease or condition, and the availability of other tools to advance drug development in that disease or condition). Thus, the determination of benefit and risk takes into account the previously described need statement and results from the COU assessment.

Although precise quantification of benefit and risk is not feasible or practical, a thorough evaluation of the reasonable benefit and risk, and a data-driven, semiquantitative assessment that encompasses all of the relevant components of the relationship between benefit and risk, are generally sufficient for decision-making. The evidentiary criteria framework contains a spectrum of benefit and risk outcomes (that is, favorable to unfavorable). Recognizing that not all information will fit perfectly into any standard category, it will be important to assess all elements of potential risk and benefit associated with the biomarker’s COU relative to the need statement to make an informed assessment as to where on the continuum the biomarker fits best.

LINKING BENEFIT AND RISK TO THE EVIDENCE REQUIRED

The evidence maps in this evidentiary criteria framework are inspired by, but are considerably less complex than, the map used by Altar et al. (17). The identified need and choices made in the COU section impact the overall relative level of benefit and risk, which in turn determines the level of evidence needed to evaluate the biomarker for qualification. Note that the type, quality, and amount of data required will be linked to the benefit-risk relationship through the evidentiary criteria grid relative to the need statement (Fig. 1). Thus, a candidate biomarker with a high negative consequence if incorrect and low improvement over the current standard would require a more extensive data package than a candidate biomarker with a low negative consequence of failure and a high benefit. A list of questions to help guide the amount of evidence needed is included in the full framework document (21).

Consider a favorable benefit-risk scenario (requiring a minimal level of evidence) in which a biomarker is used for stratification of patients to ensure equal distribution of biomarker-positive and biomarker-negative individuals in the different arms of a clinical trial. If the biomarker does not perform as expected, the loss consists of the resources spent on the biomarker assay and would not influence the trial outcome to the patient or patient safety. An example of this would be a predictive biomarker of drug efficacy that attempts to limit the trial to only those who are most sensitive to the drug. If the biomarker fails, the subjects in the trial would have the same risk and benefit from treatment that would be found in the absence of the biomarker.
Proposed five-component process

Workflow and decision process

Fig. 1. Proposed evidentiary criteria framework. An illustration of the steps in the process for defining the appropriate amount of evidence needed to use a biomarker from the point of view of regulatory decision-making. The process requires defining the detailed limits of the decision and collecting the appropriate data based on how the decision will affect patients. Given the complexity of data collection, the process involves multiple conversations with the regulatory agency and can circle back if the decision or COU needs to be changed during the process.

An example of a challenging benefit-risk relationship (potential for high benefit while accompanied by high risk) is a biomarker used as a surrogate end point, which would require a high level of evidence. If the biomarker is not truly a surrogate end point in terms of predicting clinical benefit, the results of the clinical trial would be invalid, and inappropriate approval decisions would be made. This would lead to potentially ineffective drugs being marketed or patients being denied access to effective therapy. Yet, another example of a challenging COU is a safety biomarker intended to replace the current standard and be used routinely to identify organ toxicity. In both of these examples, a high level of evidence would be needed to support the biomarker’s COU. On the other hand, a safety biomarker intended to supplement existing standards to be used only in certain well-defined circumstances would be anticipated to require more moderate evidence.

As part of the evidence needed to support a biomarker’s development and COU, two critical factors include the characterization and validation of the biomarker assay and the statistical plan to ensure that the evidence generated supports the eventual use of the biomarker. For the assay, biases introduced will affect the clinical interpretation of the biomarker’s accuracy and its value as a drug development tool. Similarly, a careful evaluation of statistical approaches is critical because some assumptions/claims may be unfounded if based on inappropriate statistical analyses.

THE EVIDENTIARY CRITERIA ASSESSMENT MAP

Our current inability to quantitate the benefit, risk, or value of individual data sources prevents a strictly quantitative link from the amount of benefit and risk to the amount of evidence needed to qualify a biomarker. It is generally agreed, however, that we can categorize benefits, risks, and evidence into broad semiquantitative groups. Because regulatory science is not sufficiently advanced to provide this direct link, we have proposed the use of categorical descriptions for what constitutes a high and minimal level of evidence. An assessment of the strength of the evidence needed for a biomarker to be linked to drug development decision-making has been separated into several categories. These categories are captured in the evidentiary criteria assessment map and include elements of scientific understanding and biological performance and the types of clinical data and samples proposed to establish qualification. Although the process described herein refers to clinical qualification, clinical data can be augmented by nonclinical data to provide additional weight of evidence or to provide bridging information if clinical data are not feasible. Scientific understanding includes the biological rationale, understanding of the molecular mechanisms, and the link of the proposed biomarker to regulatory understanding of the scientific impact. Biological performance includes consistency of correlation of the biomarker changes, presence of a dose response, temporal relationship to the magnitude of the biomarker response and outcome, and sensitivity and specificity of the biomarker response. The types and amount of data/samples required include the quality of the data source and whether prospective or retrospective. To provide initial context, we have suggested example descriptions of expectations for several areas that have been discussed in this document [see Table 1 in (21)]. It is important to note that the evidentiary criteria for qualification are dependent...

on the COU. For a broad COU, the criteria for each area may require a high level of evidence. Alternatively, a biomarker that is used in a narrow context could be fulfilled with less evidence. The criteria will be modified as more data become available and as the COU is refined during the biomarker qualification process and the field advances as a whole.

An evidentiary criteria assessment map provides a visual representation of an evidence map for biomarker development (21). For example, with assay validation, a high level of evidence should be required for regulatory clearance or approval for marketing as a diagnostic, whereas a minimal level of evidence should be deemed “fit-for-purpose” validation with acceptable performance characteristics. The evidence map can be used as a communication tool for gaining alignment between submitters and FDA reviewers at several key milestones for a biomarker development plan: (i) initial discussions to align expectations; (ii) purposeful interim progress updates to ensure that evidence expectations have been met before proceeding further; and (iii) review evaluation to support the qualification outcome. An evidentiary criteria assessment map also can be used internally by the submitter to track the current level of evidence of the biomarker relative to the intended level of evidence to meet the qualification claim.

CONCLUSION

This evidentiary criteria framework represents alignment of multiple, diverse stakeholders and sets forth consistent, comprehensive, and semi-quantitative parameters for biomarker qualification, bringing a greater degree of clarity, predictability, and harmonization. It is intended to be broadly applicable across multiple categories of biomarkers and COUs to support qualification of biomarkers for regulatory use in drug development. Given that each category of biomarker and COU has unique factors to consider as part of the development process (for example, analytical considerations for confident measurement or appropriate statistical approaches to data analysis), we propose that detailed illustrative examples or modules should be created to address these more specific issues.

REFERENCES AND NOTES

2. FDA-NIH Biomarker Working Group, BEST Biomarkers, Endpoints, and other Tools Resource (Food and Drug Administration and National Institutes of Health, 2016).

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